

## SPA MENU

Pricing is valid as of 12 April 2022 and is subject to change without notice. All prices are in Fiji Dollars.

BODY	DESCRIPTION	TIME	FJD
<b>Deep Tissue Massage</b>	A slow-paced pressure massage that affects the deeper layers of muscles and targets knots. Stimulate blood circulation, relieve aches and pains, and alleviate stress.	60 mins	\$170.00
<b>Relaxation Massage</b>	A soothing, nurturing massage to quiet the mind, relax muscles, and soothe the soul. Leave your body relaxed and in sync with "Fiji Time"	60 mins	\$160.00
<b>Fijian Bobo Massage</b>	A unique, traditional massage, delivered with cold pressed oils infused with tropical flowers. Discover its time-tested benefits that hydrate and nourish the skin	60 mins	\$160.00
<b>Hot Stone Massage</b>	Hot stones help kick start your total mind and body relaxation. Your muscles will find a deeper state of relaxation to help your therapist better target your aches and pains. The warmth you feel on your body will help your mind relax, too. Stress and anxiety are quickly forgotten when resting with hot stones during your massage.	60 mins	\$190.00
<b>Couples Massage</b>	Lay side by side and retreat into blissful relaxation with the one you love.	60 mins	\$320.00
<b>Back, Neck and Shoulder</b>	This relaxing, healing massage will provide targeted relief for tight, sore or stiff muscles in the back, neck and shoulders.	30 mins 60 mins	\$85.00 \$160.00
<b>Sunrise Massage</b>	Available between 5.30am and 9am. A soothing, nurturing massage to quiet the mind, relax muscles, and soothe the soul, ready to start another day in Paradise	60 mins	\$160.00
<b>Sunset Massage</b>	Available between 5pm and 7pm. Relieve any tight muscles after a hard day of water sports and sight-seeing. Leave your body relaxed and in sync with "Fiji Time" to cap off the end of another beautiful day in paradise.	60 mins	\$160.00
<b>Hair and Scalp Treatment</b>	A traditional Fijian coconut bowl is used to slowly drizzle warmed oils that are massaged gently into the scalp and neck, restoring balance and leaving hair shiny and healthy	30 mins 60 mins	\$80.00 \$160.00
<b>Island Glow</b>	Enjoy a full body exfoliation and reveal new healthy skin as well as strengthening its elasticity, and replenishing moisture loss.	60 mins	\$160.00
<b>Island Facial</b>	A powerful hydrating boost to skin with plant-derived dilo oil. Skin is rejuvenated and conditioned and the appearance of fine lines reduced	60 mins	\$160.00
<b>Foot Ritual</b>	Relax and indulge those wonderful two feet that carry you through life. This ritual includes luxurious coconut milk foot spa and massage to leave you feeling relaxed and ready to walk into whatever the future holds.	30 mins	\$50.00
<b>After-sun Rescue Treatment</b>	A restorative treatment designed to soothe the after effects of the sun. Relax as the rescue aloe-vera gel is applied to cool, hydrate and heal, helping you recover after a long day in the sun.	30 mins	\$40.00

WRAPS	DESCRIPTION	TIME	FJD
<b>Banana Wrap</b>	This unique experience will leave you fully relaxed with silky smooth skin. Includes a scalp massage, full body scrub, cleanse, and banana leaf wrap	60 mins	\$210.00
<b>Dilo Rescue Wrap</b>	Tropical dilo nut oil works wonders on sunburn and other skin irritations. Enjoy a super charged healing and nourishing cocktail for the skin	60 mins	\$210.00
HANDS & FEET	DESCRIPTION	TIME	FJD
<b>Spa Manicure</b>	This treatment starts with a relaxing soak in an ocean of coconut milk. Exfoliation and a warm lotion delivers moisture and revives the skin. The nails are cleaned, filed, buffed, and completed with a polish of choice.	60 mins	\$105.00
<b>Spa Pedicure</b>	Be pampered from soul to sole. Starting with a cleanse in warm coconut milk, followed by exfoliation and application of essential oils and enzymes. The nails are cleaned, filed, buffed, and completed with a polish of choice.	60 mins	\$125.00
PACKAGES	DESCRIPTION	TIME	FJD
<b>Pamper</b>	A 60 minute massage of your choice, island facial, and luxurious foot scrub combined	150 mins	\$340.00
<b>Bliss</b>	A 60 minute massage of your choice, island facial, luxurious foot scrub and your choice of manicure or pedicure	180 mins	\$445.00
<b>Romance</b>	A relaxing couples massage, followed by his and hers island facials	180 mins	\$530.00
HAIR BRAIDING	DESCRIPTION		FJD
<b>Full head</b>	It's not every day you can rock this fun and tropical hair-do! Try it while in Fiji! A full head of expertly woven braids, fastened with colourful beads that will last long after your return home.	Varies with length	\$125.00
	Per braid		\$5.00